

Name:- _____.

Cap fixed on:- _____.

Your commitment towards your oral health is greatly appreciated.
Good oral health is necessary for an attractive & an illuminous smile.

We congratulate you on successfully completing your dental treatment.

Here are the points which you need to keep in mind after fixing of a dental cap.

Post operative instructions after dental cap fixing

- Avoid eating hard food stuffs
- Avoid eating sticky food stuffs
- Please floss the tooth on which you have fixed up the cap regularly. While flossing pull the floss away from the gum side. Flossing is necessary for good dental health.
- Use an oral irrigator regularly
- Use a disclosing solution once every fifteen days.
- Report for dental checkups regularly
- Complete all your dental treatment if anything is pending.

Cap coming out:-

- Usually the cap does not come out if you avoid eating hard & sticky food stuffs.
- If the cap comes out once in 3 to 5 years it is not considered abnormal.
- In such a case get the cap refixed as soon as possible.
- If the cap comes out more often than the causes for the same need to be looked into & attended to.

Persons/ Corporates / NGOs/ Co-operative Societies/ Schools who are interested in organizing complimentary presentations on Dental care & Hygiene, latest techniques in dentistry & on cosmetic and aesthetic dentistry may please contact Dr. Veerendra Darakh.

GOOD HEALTH BEINGS WITH PROPER INFORMATION

.....

!!! FREE ONLINE CONSULTATION !!!

PLEASE REGISTER ON www.dr.darakh.com FOR

- ❖ FREE ONLINE CONSULTATION
- ❖ SMS UPDATES
- ❖ PATIENT EDUCATION ARTICLES

Prepared by : **Dr. Veerendra Darakh**, M-1, Meenakshi, Ground Floor, Vijaynagar , Marol-Maroshi Road, Andheri (East), Mumbai 400 059 **Website:** www.dr.darakh.com