

# Dr. Veerendra Darakh

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## **INFORMATION FOR PARTIAL AND COMPLETE DENTURES**

**Your commitment towards your own health and smile is greatly appreciated .All missing teeth must be replaced. This is necessary not only for a good smile but also for good general health.**

**Patient's Name:** \_\_\_\_\_

### **Dentures:**

- \* Any removable denture is not comfortable to begin with. So the patient will have to get used to it. It takes at least 7 days before the patient starts getting accustomed to it.
- \* It takes at least one month of continuous usage before the patient starts getting accustomed to the denture. All dentures will be loose and not very comfortable to begin with.
- \* The comfort of the denture basically depends upon the quality, size and density of bone.

### **Adjustments:**

- \* Adjustments and rimming is done only if absolutely required.
- \* Adjustments are done of wherever and only if the denture is hurting.
- \* Excessive adjustments will make the denture loose.

**General information about dentures:** They must be used at least 16 hours per day. Remove them before retiring at night. Wear them after brushing in the morning.

**LOWER DENTURE:** \* The lower denture will always be more loose as compared to the upper denture.

\* Therefore, the patient will have to get himself accustomed to the lower denture **AND MAKE CONSCIOUS EFFORTS FOR THE SAME.**

\* **Why will lower denture always be loose?**

1. The lower jaw moves during speaking and chewing.  
The upper jaw does not move.
2. In the lower jaw the tongue is present.  
Every time the tongue moves the denture is rocked.
3. The bone support for the lower denture is less than the upper.
- 4 .Even after you get completely accustomed to the denture the lower denture might come at during sneezing, coughing etc.

**PLEASE NOTE**

**THE LOWER DENTURE WILL ALWAYS  
BE LOOSE AS COMPARED TO THE  
UPPER DENTURE.**

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**YOUR SMILE IS OUR CONCERN**

Please visit our website: [www.drdarakh.com](http://www.drdarakh.com) for more patient education material.

**DENTURE ADHESIVES:** You may use the denture adhesive as and when required. If you use the denture adhesive you will get used to the denture faster.

**OTHER PRECAUTIONS:**

- \* Do not chew on hard food stuffs.
- \* You can have as much hot and as much cold , as you wish, with the denture.
- \* Do not chew on sticky food stuffs.

**OTHER OPTIONS:** Removable dentures are an outdated concept. The other options available are fixed bridges and implants.

If the patient is not a diabetic than implants are the best option.

**GENERAL:** \* Do not forget to bring your prescription papers and appointment card which has been given to you during every visit.

- \* If there are any other clarifications please feel free to get them clarified.  
If you are having any medical problems please inform us about them.
- \* If you are taking any medicines as prescribed by your physician please continue with them.

**NOTE :**\* Only an examination will be done for new patients. All definitive treatment will start from second session

- \* A broken appointment is a loss to everyone. Please keep your appointments
- \* The faculty of DENTISTRY involves huge overhead expenses in terms of consumables and disposables , equipments, lab, charges, staff, electricity etc. Please help us to serve you better by NOT ASKING FOR CREDIT
- \* 100% Advance before the start of the procedure.
- \* Broken Appointments will be charged separately. If appointments are broken than we have to spend more on materials and dental consumeables to get the treatment back on track. Therefore, we request you to maintain the appointments.
- \* Radiographs (x-rays) will be preserved for only 3 days. Thereafter, they will be discarded.
- \* Our practice emphasizes on cosmetic and aesthetic and restorative dentistry.
- \* Please help us to serve you better by switching off the cell phones once inside the operatory.
- \* All radiographs (X-rays) will become the intellectual property of Dr. Veerendra Darakh, his licensees, assignees, staff and associates and will be used for training purposes, in lectures and seminars and on professional dental websites.

Kindly ask the staff for-

1. Smile questionnaire.
2. Our patient education booklets on “TEETH WHITENING” and “WHY REPLACE A MISSING BACK TOOTH”.